



67th Annual Meeting
Thursday, May 2 – Saturday, May 4, 2024

Icahn Building - Mount Sinai Medical Center
1425 Madison Avenue
New York, NY

Changing Times: Sex, Drugs and Psychotherapy

Annual Meeting Program Chair:
Ahron Friedberg, MD

Annual Meeting Program Co-Chairs:
Sharon Batista, MD, Raul Condemarin, MD, Carolyn Doyle, MD,
Tyler Fleming, DO, Vladan Novakovic, MD, Timothy Sullivan, MD,
and Allan Tasman, MD

*** PROGRAM ***

**A Forum for Psychodynamic Psychiatry
and Psychoanalysis**

**Registration is open to all mental health
professionals and behavioral/social scientists.**

**AMERICAN ACADEMY OF PSYCHODYNAMIC PSYCHIATRY
AND PSYCHOANALYSIS**

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The Academy is where psychodynamic psychiatrists and physician psychoanalysts: discover a forum for exchange of ideas; find a voice within the American Psychiatric Association (APA) to advocate for psychodynamic understanding in the evaluation and treatment of patients; take a leadership role in promoting the importance of psychodynamic training in residency and medical education.

The American Academy of Psychodynamic Psychiatry and Psychoanalysis (AAPDPP) is an affiliate organization of the World Psychiatric Association (WPA) and the American Psychiatric Association (APA).

**American Academy of Psychodynamic Psychiatry and
Psychoanalysis**

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MD, and Allan Tasman, MD**

Co-Chairs of Scientific Programs Committee: **Kimberly R. Best, MD
and Joseph J. Rasimas, MD**

CME Committee Chair: **Silvia W. Olarte, MD**

Message from the Program Co-Chairs

In hindsight, every period we've lived through exhibits societal change. But some periods feel revolutionary even while we live through them. The '60s, for example, quickly became synonymous with political and social upheaval, exploding with new attitudes towards sex (the "pill" was approved in June 1960), free love and free speech, race issues and diversity. Though at first it may be hard to sense the revolution, then you do – and get with it.

The subject of our Academy meeting for 2023, "Sex, Drugs, and Psychodynamics," reflects our own changing times, and an intention to educate practitioners on what's different about the field, our patients, and the nature of our work. The point is to advance best practices.

So, why focus on these topics?

After all, sex has always been complicated. When you multiply the urgency of sex by the passions of love, the complexity increases exponentially. Nothing new about that! The same is true when the two face off in opposite corners -- you can have sex with someone you don't love, or love someone towards whom you feel no passion. Such problems with intimacy are routine stuff in our work. We take a sexual history, we explore sexuality and sexual fantasies, apply psychotherapeutic and psychopharmacology (a little, blue pill!), and often patients get better.

But what is new about sex – or, rather, its public manifestation – is the surging prominence of queerness. With the emergence of LGBTQ identity as a movement, “complicated” is now perplexing, even problematic. Do we delay the onset of puberty in someone confused about “his,” “her,” or “their” identity? What adolescent isn't confused? Moreover, as the rising wave of activism demonstrates, adults can be equally upended by “queerness.” The concerns are serious, and medical institutions have programs and centers to help patients address issues with gender dysphoria and possible transition.

Now consider the changing landscape associated with drugs. Street drugs used to be recreational, in contrast to medications which were therapeutic. But now ketamine, known on the street as “Special K,” is an established treatment for refractory Major Depression (efficacy studies better than ECT), and it comes in a handy nasal spray (Spravato). Psilocybin (‘shrooms) and LSD are being studied in micro-doses for PTSD and other disorders. Trippy retreats with ayahuasca, a vine with hallucinogenic properties when ingested, are reported in medical journals (and *The New Yorker*) to transform the lives of participants. MDMA (yes, “ecstasy”) is used in conjunction with psychotherapy to treat Anxiety Disorders, PTSD, and other psychiatric conditions. Several major medical institutions now have centers or programs in psychedelic medicine.

Thus, psychotherapy and psychodynamic psychiatry are not as their founding American fathers—Brill, Jones, and Rado—had envisioned. Research linking the psychodynamic approach with cognitive neuroscience was predicted by Eric Kandel, MD, a Nobel laureate in Medicine, in the *American Journal of Psychiatry* (1999). So, forget the Procrustean couch. Instead, take a walk with us to explore new possibilities, as Freud did through that park in Vienna with Mahler, or as Socrates did with his students in establishing the peripatetic tradition. For example, think about how well-established models of the mind have become unsettled by neuroscience. Did you know that phobias and anxiety conditions can be treated by exposing a patient to stimuli of which they are not even consciously aware? So much for making the unconscious conscious as the basis for psychoanalytic treatment.

All of which is to say that yes, “the times they are a-changin.”

Conference Learning Objectives: This meeting has been designed to meet the following professional practice gaps and the needs derived from those gaps:

Gap #1:

Improving treatment of patients by:

- A. Attaining sufficient knowledge of psychodynamic principles and the ability to apply this knowledge.
- B. Enhancing the ability to integrate dynamic principles, psychopharmacology, and neuroscience in clinical practice.

Needs derived from the gaps above:

- A. To learn about development of therapeutic alliances; transference and countertransference; the handling of challenging situations; and practical applications of psychoanalytic theories.
- B. To learn about complex pathologies, neuroscientific advances, pharmacological treatments, and medical conditions and their implications/ramifications for psychodynamic psychotherapy.

Gap #2:

Enhancing training of residents and early career psychiatrists.

Needs derived from this gap:

- A. To learn new ways of engaging residents and training them in the complex theories and techniques of psychodynamic psychotherapy.
- B. To foster learning of complex theories and techniques of psychodynamic psychotherapy by early career psychiatrists.

All presentations must address at least one of the specified needs.

The Academy expects the results of its CME program to be an improvement in competence or performance. Definitions: “Competence” refers to knowing how to do something; and “Performance” is what a psychiatrist would do in practice if given the opportunity.

Target Audience: Those interested in the recent developments and clinical application of psychodynamic approaches: a) psychoanalysts, psychiatrists, child and adolescent psychiatrists, other physicians, residents and fellows; b) psychologists, interns and students of psychology; c) social workers, students of social work; d) allied professionals and students.

The American Academy of Psychoanalysis and Dynamic Psychiatry is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Academy of Psychoanalysis and Dynamic Psychiatry designates this live activity for a maximum of 19.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Academy of Psychoanalysis and Dynamic Psychiatry acknowledges the generous support of the Alexandra and Martin Symonds Foundation to its educational programs and Mount Sinai Medical Center for hosting the meeting.

THURSDAY, MAY 2, 2023

7:00 PM
REGISTRATION
(Icahn Building Foyer)

7:20 AM – 7:30 AM
SPECIAL FEATURE
Goldwurm Auditorium (Icahn Building – First Floor)

Special musical performance of Bob Dylan's
The Times They Are A-Changin' on guitar and vocals
by **Gerald P. Perman, MD**, Academy Past President

7:30 PM - 9:00 PM
OPENING SESSION
Goldwurm Auditorium (Icahn Building – First Floor)

Welcome: **Ahron Friedberg, MD** (New York, NY)

Introductory Remarks: **Joseph R. Silvio, MD** (Bethesda, MD)
Eugenio M. Rothe, MD (Coral Gables, FL)
Kimberly R. Best, MD (Philadelphia, PA)

PLENARY I **LGBTQ+ MENTAL HEALTH AND CRYSTAL
METHAMPHETAMINE USE AMONG GAY MEN**

Presenter: **Petros Levounis, MD, MA ***
American Psychiatric Association President,
and Chair, Department of Psychiatry, Rutgers University

Moderator: **Ahron Friedberg, MD**

Discussion: Presenter and Attendees

Educational Objectives: At the conclusion of the program, participants will learn about (1) the three dimensions of sexual orientation and the three dimensions of gender; (2) the different identities used in LGBTQ+ terminology; and (3) the connection between crystal methamphetamine use among gay men and the risk of HIV transmission.

9:00 PM – 10:00 PM
OPENING NIGHT RECEPTION
Atrium - Icahn Building (MC Level)
FRIDAY, MAY 3, 2023

8:00 AM – 9:00 AM - Goldwurm Auditorium (Icahn Building – First Floor)

PLENARY II PERSON-CENTERED MEDICINE AND PSYCHIATRY

Chair/Discussant: **Vladan Novakovic, MD*** (New York, NY)

Presenter: **Juan Mezzich, MD*** (New York, NY)

Educational Objectives: At the conclusion of the program, participants will be (1) familiar with the historical, philosophical, scientific and clinical unfolding of person centered medicine; (2) knowledgeable of the value of the person to better understand health and health actions; (3) aware of the models of person-centered diagnosis of illness and health; (4) informed about procedures to evaluate progression towards person centered care; and (5) acquainted with the emerging place of the person as key axis of psychiatric and general medical training.

8:00 AM – 9:00 AM – Icahn Atrium (MC Level)

PAPER SESSION I THE AGE OF IDENTITY

Chair/Moderator: **Stevan Weine, MD*** (Chicago, IL)

Presenter: **David Forrest, MD** (Rye, New York)

Educational Objectives: At the conclusion of the program, participants will be able to (1) understand the new temper of our times (Zeitgeist) and contrast it with the previous foci of The Age of Anxiety (1950s to 2000); (2) describe the manifestations of the new focus on identity; (3) note shift from era of anti-anxiety medications (anxiolytics) to antidepressants; (4) consider a mutli-axial model of identity as multiple; (5) consider the fungibility of certain identities such as the victim; and (6) learn how to approach identity empathetically.

9:00 AM – 9:15 AM – Goldwurm Auditorium Foyer - **Coffee Break**

9:15 AM – 10:45 - AM - Goldwurm Auditorium (Icahn Building – First Floor)

PANEL I DBT – TEACHING OLD DOGS NEW TRICKS

Chair/Moderator: **John Tamerin, MD** (Greenwich, CT)

Presenters: **Andrew J. Gerber, MD, PhD*** (New Canaan, CT)
 Norman Straker, MD* (New York, NY)
 Rebecca Dulit, MD* (Scarsdale, NY)

Educational Objectives: At the conclusion of the program, participants will (1) improve existing competence in psychotherapy skills; (2) learn DBT methodologies and approaches; and (3) apply techniques to clinical treatment and care.

9:15 AM – 10:00 AM – Atrium (MC Level)

**PAPER SESSION II TRANSITION REGRET: GENDER TREATMENTS AND
OUTCOME STUDIES**

Chair/Moderator: **Sharon Batista, MD** (New York, NY)

Presenter: **Carolyn A. Doyle, MD** (Maywood, IL)

Educational Objectives: At the conclusion of the program, participants will be able to (1) identify elements involved in gender transition regret; (2) summarize factors reported by individuals who have detransitioned after receiving gender-affirming medical interventions; and (3) outline the role of the psychodynamic psychiatrist in caring for individuals who are exploring their gender identity.

10:00 AM – 11:00 AM – Atrium (MC Level)

**PAPER SESSION III OPENING BOTH EYES: INTEGRATING LITERARY AND
PSYCHIATRIC PERSPECTIVES IN SCHOLARSHIP ON ALLEN
GINSBERG'S MADNESS (AND OTHER BEAT WRITERS WHO
ENGAGED SEX, DRUGS, AND PSYCHOTHERAPY)**

Chair/Moderator: **David Forrest, MD** (Rye, New York)

Presenter: **Stevan Weine, MD*** (Chicago, IL)

Educational Objectives: At the conclusion of the program, participants will be able to (1) recognize the roles of psychotherapy in relation to the creative work of Allen Ginsberg.; (2) identify multidisciplinary approaches to looking at madness, sex and drugs, through the lenses of both literature and psychiatry; and (3) explain approaches for humanizing madness through artistic witness.

10:00 AM – 11:30 AM – Psychiatry Conference Room (Fourth Floor)

**WORKSHOP I/
ROUND TABLE
DISCUSSION CLINICAL PRACTICE IN LATER LIFE:
CHALLENGES, SATISFACTIONS, AND INSIGHTS**

Presenters/Moderators: **Douglas Ingram, MD** (New York, NY)
 Myron Glucksman, MD (West Redding, CT)

Educational Objectives: At the conclusion of the program, participants will (1) gain an appreciation for the many ways in which psychoanalysis within psychiatry has changed in the past 50 years, and (2) have shared the satisfactions and difficulties that practicing psychodynamic psychiatry later in life may bring.

11:00 AM – 12:00 PM - Goldwurm Auditorium (Icahn Building – First Floor)

PRESENTATION PRACTICING TELETHERAPY

Chair/Moderator: **Ahron Friedberg, MD** (New York, NY)

Presenter: **Gerald P. Perman, MD** (Beverly Hills, CA)

Educational Objectives: At the conclusion of the program, participants will be able to (1) define teletherapy; (2) appraise the effectiveness of teletherapy; and (3) apply principles of in-person psychiatric treatment to teletherapy.

12:00 PM – 1:30 PM **Faculty Luncheon** (Location to be Determined)

12:00 PM – 1:30 PM **Attendees' Lunch** (Attendees lunch independently – a list of nearby restaurants will be available at the registration desk)

12:00 PM – 1:30 PM – Icahn Atrium (MC Level)

RESIDENTS' PRESENTATION AND LUNCHEON **PRESENTATION AND OPEN DISCUSSION ON PSYCHODYNAMIC MEANING AND PSYCHOPHARMACOLOGY**

Host: **Joseph R. Silvio, MD** (Bethesda, MD)

Presenter: **David Mintz, MD** (Stockbridge, MA)

Educational Objectives: At the conclusion of the program, participants will be able to (1) describe how core psychodynamic principles such as the unconscious, conflict, defense, and transference are active factors in pharmacotherapy; and (2) diagnose common dynamics interfering with optimal use of pharmacotherapy; and (3) improve pharmacotherapy outcomes by promoting a patient-centered, psychodynamically-informed alliance.

Residents and Medical Students Only
Sponsored by the AAPDPP Committee for the
Advancement of Psychoanalysis (CAP).

1:30 PM – 2:45 PM - Goldwurm Auditorium (Icahn Building – First Floor)

SYMPOSIUM: **PSYCHODYNAMICS AND DOCTORING**

Chair: **David Mintz, MD** (Stockbridge, MA)

Presenters: **David Mintz, MD** (Stockbridge, MA)

Jessica Yakeley, MD, FRCPsych* (London, United Kingdom)
Eric Marcus, MD* (New York, NY)

Educational Objectives: At the conclusion of the program, participants will be able to (1) apply the psychoanalytically-informed theories and techniques developed by Michael Balint to enrich the doctor-patient relationship and enhance biomedical care; (2) learn to use psychodynamic methods of teaching medical students about emotional aspects of the doctor/patient relationship; and (3) understand the story aspect of illness and diagnosis and applying story in narrative application to the relationship of the doctor to the illness and to the patient experience of the illness

1:30 PM – 2:30 PM – Psychiatry Conference Room (Fourth Floor))

**WORKSHOP II/
ROUND TABLE
DISCUSSION** **AUTOBIOGRAPHY AND PSYCHODYNAMIC WORK**

Presenter/Moderator: **Richard Brockman, MD** (New York, NY)

Educational Objectives: At the conclusion of the program, participants will gain a better understanding of the relation between trauma and narrative.

1:45 PM – 2:45 PM – Icahn Atrium (MC Level)

**WORKSHOP III/
ROUND TABLE
DISCUSSION** **YOU CAN'T ALWAYS GET WHAT YOU WANT:
ASSESSING MEDICAL AND PSYCHOLOGICAL
FACTORS IN SEXUAL DYSFUNCTION**

Chair **Jeffrey Tuttle, MD** (Lexington, KY)

Presenter: **Sarah Oros, MD*** (Lexington, KY)

Educational Objectives: At the conclusion of the program, participants will learn the essential components of a sexual history.

2:45 PM – 4:00 PM – Goldwurm Auditorium (Icahn Building – First Floor)

PANEL II **NOVEL TREATMENTS AND PSYCHEDELIC MEDICINE**

Chair: **James Murrough, MD*** (New York, NY)

Presenters: **Adriana Feder, MD*** (New York, NY)
Rachel Fremont, MD* (New York, NY)

Educational Objectives: At the conclusion of the program, participants will (1) appreciate the need for novel treatments for depression, PTSD and related conditions; (2) consider both progress in the development of novel treatments for depression and PTSD, and ongoing challenges; and (3) understand the potential as well as risks related to the application of psychedelic medicine to the treatment of mental health conditions.

2:45 PM – 3:45 PM – Icahn Atrium (MC Level)

PAPER SESSION IV TEACHING THERAPEUTIC POSTURE IN A CLIMATE OF SOCIAL INJUSTICE

Chair/Moderator: **Eugenio M. Rothe, MD** (Coral Gables, FL)

Presenter: **Timothy Sullivan, MD** (Mount Kisco, NY)

Educational Objectives: At the conclusion of the program, participants will (1) understand the importance of racial and other bias as a significant cause of direct harm and moral injury amongst resident trainees; (2) learn about several strategies to mitigate the risk of harm associated with patient bias directed at residents; (3) review and discuss the implications of sample constructive responses (to patient bias directed toward residents and physicians) for our approach to teaching about the therapeutic frame and psychotherapeutic practice.

2:45 PM – 3:45 PM - Psychiatry Conference Room (Fourth Floor)

PSYCHOPHARMACOLOGY WORKSHOP – PEER TO PEER ISSUES OF PHARMACOLOGY

Co-Chairs/Discussants: **Joseph R. Silvio, MD** (Bethesda, MD)
 Raul Condemarin, MD (Boston, MA)
 David Mintz, MD (Stockbridge, MA)

Educational Objectives: At the conclusion of the program, participants will learn about (1) psychodynamic effects on medication effectiveness; (2) new medications; and (3) approaches to treatment resistant patients.

3:45 PM – 4:00 PM – Goldwurm Auditorium Foyer – **Coffee Break**

4:00 PM – 5:45 PM - Goldwurm Auditorium (Icahn Building – First Floor)

PANEL III HONORING THE WORK OF RICHARD FRIEDMAN, MD

Chair: **Douglas H. Ingram, MD** (New York, NY)

Presenters: **Jennifer I. Downey, MD** (New York, NY)

César A. Alfonso, MD (New York, NY)
Andrew Solomon, PhD* (New York, NY)

Educational Objectives: At the conclusion of the program, participants will be able to (1) identify how Dr. Friedman's ideas about sex moved the field forward; (2) understand how psychodynamic ideas can benefit any psychiatrist; and (3) understand how a questioning attitude and unique personal approach enhanced Dr. Friedman's clinical work.

6:00 PM – 7:00 PM - Goldwurm Auditorium (Icahn Building – First Floor)

KEYNOTE ADDRESS

THE OTHER NARRATIVES OF YOUTH SUICIDE

Chair/Moderator: **Ahron Friedberg, MD** (New York, NY)

Presenter: **Andrew Solomon, PhD*** (New York, NY)
Professor, leading author, LGBTQ advocate

Educational Objectives: At the conclusion of the program, participants will (1) understand why so many LGBTQ youth attempt suicide despite legal advancements in their status; (2) learn about the surge in youth suicide altogether; (3) learn what effect the suicides have on families; and (4) look at the role of anti-LGBTQ bias not only in the US but on an international level, and to see how foreign moves against LGBTQ people affect people within the U.S.

Audience Discussion to Follow.



SATURDAY, MAY 4, 2024

8:00 AM – 9:00 AM - Goldwurm Auditorium (Icahn Building – First Floor)

PANEL IV **MENTAL HEALTH CARE FOR REFUGEES**

Chair/Moderator: **Eugenio M. Rothe, MD** (Coral Gables, FL)

Presenters: **Andres J. Pumariega, MD** (Gainesville, FL)
 Rao Gogeneni, MD (Philadelphia, PA)

Educational Objectives: At the conclusion of the program, participants will be able to (1) identify the multiple populations of child migrants coming across the US Mexico Border; (2) understand the impact of migration stress and trauma on these children and families; and (3) recognize the relevant factors that intervention approaches for these children need to address for effectiveness.

8:00 AM – 9:15 AM – Icahn Atrium (MC Level)

PANEL V **DREAM, TRAUMA AND TRIPS**

Chair/Moderator: **Greg Mahr, MD** (Detroit, MI)

Presenters: **Jamie Sweigart, MD*** (Detroit, MI)
 David A. Moore, MD* (Detroit, MI)

Educational Objectives: At the conclusion of the program, participants will (1) learn novel therapeutic approaches to acute trauma; (2) utilize dreams and drug-induced trips in the treatment and care of patients; and (3) apply novel approaches to treating PTSD..

9:00 AM – 9:30 AM – Goldwurm Auditorium Foyer – **Coffee Break**

9:15 AM – 10:30 AM - Goldwurm Auditorium (Icahn Building – First Floor)

PAPER SESSION V **THE DIFFICULT PATIENT: WHY TREATMENT ISN'T WORKING AND HOW TO USE A PSYCHODYNAMIC LENS TO MOVE IT FOWARD**

Chair/Moderator: **Kimberly R. Best, MD** (Philadelphia, PA)

Presenter: **Eric M. Plakun, MD** (Stockbridge, MA)

Educational Objectives: At the conclusion of the program, participants will (1) enumerate three false assumptions of the biomedical model that contribute to the experience of patients as difficult; (2) use the therapeutic alliance to enhance work with “difficult” patients; and (3) understand and utilize the concept of “enactment” in work with difficult to treat patients.

9:15 AM – 10:15 AM – Icahn Atrium (MC Level)

PAPER SESSION VI PSYCHODYNAMICS OF TREATMENT REFUSAL IN HIV: FROM CONFLICT TO EQUANIMITY IN RESPECTING A PATIENT'S CHOICE TO DIE

Chair/Moderator: **César A. Alfonso, MD** (New York, NY)

Presenters: **David Teo Choon Liang, MD*** (Singapore)
 Arvind Rajagopalan, MD* (Singapore)

Educational Objectives: At the conclusion of the program, participants will be able to appreciate and discuss the complex psychodynamic factors at play between patients, their family members, treating clinicians, and the healthcare system in the consultation-liaison situations where patients refuse potentially life-saving treatments and ask to be discharged against medical advice.

9:15 AM – 10:15 AM – Psychiatry Conference Room (Fourth Floor)

**WORKSHOP IV/
ROUND TABLE
DISCUSSION IMPACTS OF THE COVID-19 PANDEMIC ON
 EMPATHY AMONG MEDICAL STUDENTS: A
 PROSPECTIVE STUDY**

Chair/Moderator: **Autumn Ning, MD** (Coral Gables, FL)

Presenter: **Mariana Pereira, MD** (São Paulo, Brazil)

Educational Objectives: At the conclusion of the program, participants will have the opportunity to improve competence or performance by learning about empathy in medical students after COVID-19.

10:15 AM – 11:15 AM – Psychiatry Conference Room (Fourth Floor)

**WORKSHOP V/
ROUND TABLE
DISCUSSION DEALING WITH A RACIST/MISOGYNISTIC
 PATIENT OR COLLEAGUE**

Chair: **Timothy Sullivan, MD** (Mount Kisco, NY)

Presenter: **Timothy Sullivan, MD** (Mount Kisco, NY)
 Grace Cho, MD (Philadelphia, PA)

By attending this presentation, participants will have the opportunity to improve competence or performance by (1) managing internally and behaviorally complex supervisor-supervisee relationships, and (2) discussing the tolerance of disturbing behaviors of supervisors and other colleagues in the clinical environment.

10:30 AM – 12:00 PM - Goldwurm Auditorium (Icahn Building – First Floor)

PANEL VI **SEX AND REPRODUCTION: FANTASY AND REALITY**

Chair/Moderator: **Eugenio M. Rothe, MD** (Coral Gables, FL)

Presenters: **Elizabeth M. Fitelson, MD*** (New York, NY)
 Jennifer I. Downey, MD (New York, NY)
 Brita Reed Lucey, MD, PsyD* (Norwich, VT)

Educational Objectives: At the conclusion of the program, participants will be able to (1) identify psychological challenges related to pregnancy experienced by both pregnant individuals and those not yet pregnant; and (2) understand how psychodynamically trained clinicians may help patients tolerate and master difficulties in the process of becoming pregnant and successfully bearing a child.

11:15 AM – 12:00 PM – Psychiatry Conference Room (Fourth Floor)

**WORKSHOP VI/
ROUND TABLE
DISCUSSION** **PSYCHODYNAMIC FORMULATIONS USING THE
NOVEL AND MUSICALS**

Chair/Moderator: **Kimberly R. Best, MD** (Philadelphia, PA)

Presenter: **Tyler Fleming, DO** (Pittsford, NY)

Educational Objectives: At the conclusion of the program, participants will be able to (1) describe at least one challenge or barrier confronting contemporary psychiatric residents in current graduate medical education to learning psychodynamic thought and concepts; discuss the use of novels or musicals as a means to engage residents toward an approachable consideration of psychodynamic thought and theory while navigating their residency training; and (3) consider wider implications for how to infuse psychodynamic education within ACGME structured residency training and the wider healthcare delivery model and rising biological theory of psychiatry beyond reliance on the traditional analytic institute setting.

12:00 PM – 1:30 PM **Journal Editorial Board Meeting**
(Psychiatry Conference Room - Fourth Floor)

12:00 PM – 1:30 PM **Attendees' Lunch** (Attendees lunch independently – a list of nearby restaurants will be available at the registration desk)

1:30 PM – 2:45 PM - Icahn Atrium (MC Level)

PANEL VII **FUNCTIONAL AND INTEGRATIVE MEDICINE**

Chair/Moderator: **Autumn Ning, MD** (Coral Gables, FL)

Presenters: **Angelo (Safa) Sadeghpour, MD*** (Miami, FL)
Zac Mulvihill, MD* (New York, NY)
Vanessa Nascimento, MD* (Miami, FL)

Educational Objectives: At the conclusion of the program, participants will (1) increase knowledge of a holistic approach to health and illness; (2) utilize complementary/alternative methods to improve psychiatric wellbeing; and (3) apply newly gained knowledge to their practices.

1:30 PM – 2:30 PM – Psychiatry Conference Room (Fourth Floor)

**WORKSHOP VII/
ROUND TABLE
DISCUSSION** **SEXISM, PATERNALISM, FETISHISM, AND
CONSUMERISM – CONTEMPORARY CULTURAL
PSYCHODYNAMICS OF ANOREXIA NERVOSA**

Discussant: **Vladan Novakovic, MD*** (New York, NY)

Presenter: **Joseph J. Rasimas, PhD, MD** (Prince Edward Island, Canada)

Educational Objectives: At the conclusion of the program, participants will be able to re-envisioning the psychodynamics of anorexia nervosa in light of progressive insights regarding sex, power, and societal expectations.

1:30 PM – 3:30 PM - Goldwurm Auditorium (Icahn Building – First Floor)

PANEL VIII **CLINICAL CHALLENGES IN THE PSYCHODYNAMIC
TREATMENT OF ADDICTIONS: AN INTERNATIONAL
PERSPECTIVE**

Co-Chairs and
Moderators:

César A. Alfonso, MD (New York, NY)
Timothy Sullivan, MD (Mount Kisco, NY)

Presenters:

Afsaneh Kiany Alisobhani, PsyD, FIPA* (Irvine, California)
Chaimaa Aroui, MD* (Morocco)
Constantine Della MD* (Philippines)
Rasmon Kalayasiri MD* (Thailand)
Frilya Rachma Putri, MD* (Indonesia)
Hazli Zakaria MD* (Malaysia)
Kanthee Anantapong, MD, PhD* (Thailand)
Andre Tay Teck-Sng, MMed, MRCpsych* (Singapore)
Alma Jimenez MD* (Philippines)
Goran Mijaljica, MD* (Sweden)
David Teo Choon Liang MBBS, MRCPsych* (Singapore)

Educational Objectives: At the conclusion of the program, participants will be able to (1) identify countertransference dynamics that emerge in the treatment of addictions, and (2) understand the concept of secondary traumatization as it relates to compassion fatigue.

3:30 PM to 4:30 PM – Goldwurm Auditorium (Icahn Building – First Floor)

PLENARY III **THE FIRST CALL FOR HUMAN RIGHTS IN THE AMERICAN
CONTINENT (1511): FATHER ANTONIO MONTESINO AND HIS
RELEVANCE TO PSYCHODYNAMIC PSYCHIATRY**

Chair/Moderator:

Ahron Friedberg, MD (New York, NY)

Presenter:

Eugenio M. Rothe, MD (Coral Gables, FL)
AAPDPP President-Elect

Educational Objectives: At the conclusion of the presentation the attendee will be able to (1) learn about the first call for Human Rights in the Americas (5011) and its importance to the mission of the psychiatrist; (2) learn about how "dehumanization" is used as the first tool to oppress others and how one of the missions of the psychiatrist includes the "humanization" and protection of our mentally ill patients and other oppressed groups; and (3) learn how the psychodynamic psychiatrist is in unique and privileged position to educate the public about the dynamics of abuses of power and how these can occur in a variety of human situations

4:30 PM – 6:00 PM – Goldwurm Auditorium (Icahn Building – First Floor)

PAPER SESSION VII CLINICAL APPLICATION OF HUMAN BIRTH THEORY IN CHANGING TIMES

Co-Chairs/Moderators: **Daniela Polese, MD** (Rome, Italy)
 César A. Alfonso, MD (New York, NY)

Presenters: **Elena Monducci, MD*** (Rome, Italy)
 Alessandro Mazzetta, MD* (Rome, Italy)
 Alice Dell'Erba, MD* (Rome, Italy)
 Martina Moneglia, MD* (Florence, Italy)

Educational Objectives: At the conclusion of the program, participants will (1) learn new approaches in psychodynamic psychiatry and psychology, connected to the physiology of newborn's brain and mind before breast; (2) be able to reframe diagnostic formulations in psychodynamic psychotherapy by using Human Birth Theory; and (3) understand the idea of curability and building new strategies of treatment in individual and group psychodynamic psychotherapy, based on new psychological principles of equality.

6:00 PM – 6:30 PM – Goldwurm Auditorium (Icahn Building – First Floor)

ANNUAL BUSINESS MEETING

6:30 PM – 7:30 PM – Goldwurm Auditorium (Icahn Building – First Floor)

PRESIDENTIAL ADDRESS PHOTOGRAPHY AND PSYCHOANALYSIS

Introduction: **Kimberly R. Best, MD** (Philadelphia, PA)

Presenter: **Joseph R. Silvio, MD** (Bethesda, MD)

Educational Objectives: At the conclusion of the program, participants will learn how a newly discovered activity after a traumatic loss can become a lifelong comfort.

7:30 PM – 8:30 PM - Icahn Atrium (MC Level)

ATTENDEES RECEPTION AND PRESENTATION OF AWARDS

* **Invited Speaker**

FINANCIAL DISCLOSURES

Meeting Presenters with no Disclosures: C. Alfonso; K. Anantapong; C. Aroui; S. Batista; K. Best; R. Brockman; G. Cho; R. Condemarin; C. Della; A. Dell'Erba; J. Downey; C. Doyle; R. Dulit; A. Feder; E. Fitelson; T. Fleming; D. Forrest; R. Fremont; A. Friedberg; A. Gerber; M. Glucksman; R. Gogeneni; D. Ingram; A. Jimenez; R. Kalayasiri; S. Katz-Bearnot; A. Kiany Alisobhani; P. Levounis; G. Mahr; E. Marcus; A. Mazzetta; J. Mezzich; G. Mijaljica; D. Mintz; E. Monducci; M. Moneglia; D. Moore; Z. Mulvihill; J. Murrough; V. Nascimento; A. Ning; V. Novakovic; S. Oros; M. Pereira; G. Perman; E. Plakun; D. Polese; A. Pumariaga; F. Rachma Putri; A. Rajagopalan; J. Rasimas; B. Reed Lucey; E. Rothe; A. Sadeghpour; J. Silvio; A. Solomon; N. Straker; T. Sullivan; J. Sweigart; J. Tamerin; A. Tay Teck-Sng; D. Teo Choon Liang; J. Tuttle; S. Weine; J. Yakeley; H. Zakaria

Meeting Presenters with Disclosures: None

Meeting Presenters who have not submitted Disclosure Forms: None

Planners of this Meeting with no Disclosures: S. Batista; R. Condemarin; C. Doyle; T. Fleming; A. Friedberg; V. Novakovic; T. Sullivan; A. Tasman

Planners of Meeting with Disclosures: None

Planners of this Meeting who have not submitted Disclosure Forms: None

Important Message to Meeting Attendees

Please remember to complete the online program evaluation. This will help us improve the quality of the Academy's future educational programs.

To access the evaluation, scan the Code below. A link to the evaluation will also be sent to you by email.



Thank you!

2024 AWARDS

Presidential Award
César A. Alfonso, MD

Scott C. Schwartz Award
Christopher Campbell

Psychodynamic Psychiatry Journal Prize
Nina Cerfolio, MD
Ira Glick, MD
Danielle Kamis, MD
Michael Laurence

Victor J. Teichner Award
Anne E. Ruble, MD, MPH
Johns Hopkins Adult Psychiatry Residency
-and-
Paul Hung, MD
Chicago Medical School at Rosalind Franklin University

AAPDPP MEMBERSHIP

**Not a member of the American Academy
of Psychodynamic Psychiatry and Psychoanalysis?**

For more information, see AAPDPP staff at the Registration Desk.

Or contact the Executive Office:
Info@AAPDP.org | 888-691-8281

Membership details are also on the Academy's website:
www.AAPDPP.org

APA PRESIDENTIAL SYMPOSIUM

Monday, May 6, 2024

1:30 – 3:00 pm

Javits Center | Room 1A03 | New York, NY

The Psychodynamics of Addiction: Story, Trauma, and Neuroscience

Chair:

Joanna Chambers, MD Associate Professor of Clinical Psychiatry and Associate Professor of Clinical OB/GYN at the Indiana University School of Medicine, and Immediate Past President of the AAPDPP, will Chair the session and introduce the panel.

Panel:

Joanna Chambers, MD will present a case presentation of a pregnant mother with a life-long history of substance use disorder, focusing on the process by which pregnancy leads her to recovery.

The title of her presentation is **Attachment, Trauma, and Substance Use: A mother's Perspective.**

Benjamin Israel, MD, Clinical Assistant Professor of Psychiatry at the University of Maryland School of Medicine, will describe how understanding the relationship between trauma and substance use may improve key clinical outcomes, with a focus on the common occurrence of trauma-related symptoms among people living with addiction.

The title of his presentation is **Trauma and Addiction.**

Richard Brockman, MD, Clinical Professor of Psychiatry at Columbia University College of Physicians and Surgeons, will focus on the patient's biological and narrative story as it relates to trauma and substance use.

The title of his presentation is **Story, Trauma, and Addiction.**

All psychiatrists who have an interest in learning more about the integration of psychodynamic concepts in psychiatric practice are invited to attend this session.

AAPDPP EDUCATIONAL SERIES

Introducing Series V: *Learning from the Past; Preparing for the Future*

Lucas Silva Lopes MD – *Problematic Social Media Use and its Relationship with Depression or Anxiety: A Systematic Study* – **June 20, 2024**

William Butler MD – *Psychodynamic Psychiatry in the General Hospital* – **July 18, 2024**

Greg Mahr, MD, and David A. Moore, PsyD – *The Psychodynamic Aspects of Acute Trauma* – **September 19, 2024**

Salman Akhtar, MD – *Seven Types of Truth and Their Clinical Significance* – **October 17, 2024**

Mark Erickson, MD – *Natural History, Sexual Boundaries, and Ferenczi's Confusion of Tongues* – **November 21, 2024**

Stevan Weine, MD – *Wiseman in a Nation of Madhouses: The Psychotherapy of Young Allen Ginsberg* – **December 19, 2024**

Jeffery Katzman, MD – *Necessary Communications: Providing Critical Information in a Psychodynamic Frame* – **January 16, 2025**

W. Scott Griffies, MD and Helen Ullrich, MD, PhD – *Murder Suicide in Post-Katrina New Orleans: A Perfect Storm of Multi-Determined Causes (after the summer)* – **February 20, 2025**

George Makari, MD – *Of Fear And Strangers: A History of Xenophobia* – **March 20, 2025**

Clarice Kestenbaum, MD – *Women! Having it All but not All at the Same Time* – **April 17, 2025**

All presentations are from 8:00 PM – 9:00 PM Eastern Time (US and Canada)

Free to AAPDPP members, residents and medical students; \$25 per presentation for non-members

Registration will be available soon. Watch your email and the AAPDPP website www.AAPDPP.org

