

From Twentieth Century's Avant-gardes to a new Dynamic Psychotherapy: the Art of Interpretation
Daniela Polese

The twentieth century represents a breakthrough, both in science and art. Antibiotics and radiography revolutionizes the medical community, while physics finds a new era with Einstein's theory. Meanwhile, art abandons the retinal perception, creating a new representation of reality. In fact, through new lines art discloses new human imagination, which perhaps represents a hidden human reality. Art should make visible what it is not visible, Paul Klee writes in his Diaries. After expressionism and impressionism of the past century, the avant-gardes conquer the new one. Cubism, abstraction, futurism, fauvism and other movements shock the world, showing new signs. Freud's psychoanalysis seems not really understanding modern artists, as documentary evidence reports. How can Psychodynamic Psychotherapy be inspired by these movements? This presentation will focus on the work of Klee, Picasso and other *Avant-gardes* artists, in order to find a connection between the hidden images in their works and the interpretation in dynamic psychotherapy.